



## **Information for teachers accompanying students on activities conducted by the staff of the Tinaroo Environmental Education Centre.**

### ***Teachers be aware:***

1. For Abseiling and the Survival Activity there are no toilets in the immediate vicinity!
2. There are no rubbish bins! Teachers should bring along a plastic bag for any food scraps or rubbish.
3. High Ropes are conducted on site at our Centre. Toilet facilities are handy.

### ***Preparing your students:***

#### **Abseiling**

Students will need:

- Hat
- Sunscreen applied
- A full water bottle
- Covered in sturdy footwear
- A shirt that covers shoulders and midriff
- A jumper or jacket in case of inclement weather. If the wind is blowing it can be very cold!

#### **Survival Activity**

Students will need:

- Hat
- Sunscreen applied
- A full water bottle
- Covered in shoes that can get wet and will not come off in deep mud.
- A shirt that covers shoulders
- A jumper or jacket in case of inclement weather. If the wind is blowing it can be very cold!

#### **Canoeing**

Students will need:

- Hat
- Sunscreen applied
- A full water bottle
- Shoes or sandals that can get wet and will not come off in deep mud.
- A shirt that covers shoulders
- A towel (especially if getting back on a bus)
- A jumper or jacket in case of inclement weather. If the wind is blowing it can be very cold!

#### **High Ropes Activity**

Students will need:

- Hat
- Sunscreen applied
- A full water bottle
- Covered in sturdy footwear
- A shirt that covers shoulders and midriff
- A jumper or jacket in case of inclement weather. If the wind is blowing it can be very cold!