# Our Camp

## Why Are We Going?

- to have fun and enjoy the natural environment
- to learn ways of caring for the natural environment
- to show initiative
- to take safe risks
- to show leadership
- to cooperate
- to be part of a team
- to communicate better
- to be challenged



#### My Responsibilities

- Look for ways to help others
- Make sure I don't make anyone's life a misery
- Take care of all the equipment provided
- Take care of my possessions
- Look after myself wash my hands, apply sunscreen, wear my hat
- Listen to instructions and follow them implicitly

### My Goals For Camp

Choose  $\underline{two}$  goals from each of the lists (or add some of your own) below that you hope to achieve while on camp. Colour them in!

| Skills                     | Information About the<br>Environment          | Social Skills                                   |
|----------------------------|---|---|
| Navigate/read a map        | Identify birds                                | Work with my friends                            |
| Use a dragnet              | Identify fish                                 | Help without being asked                        |
| Abseil                     | Understand the importance of biodiversity     | Be kind and helpful to others                   |
| Paddle and control a canoe | Understand the importance of water quality    | Say something nice to others each day           |
| Follow a bush trail        | Understand the importance trees               | Consider the feelings of others on the camp     |
| Manage my belongings       | Understand the importance of waste management | Always complete my jobs                         |
| Tackle the Giant Swing     | Understand the need to save energy            | Find out about people I don't<br>know that well |
|                            |   |   |

# **Camp Rules**

Go to 'Support and Resources' - 'Student Resources' 'Extra Information' - 'Camp Rules' on our website.

We want your experience on camp to be different and enjoyable. To insure this happens you need to observe the following basic rules:

• Language used should be pleasant

and in conversational tone - eg. it is not necessary to \_\_\_\_\_ and \_\_\_\_\_.

• Mobile phones and ipods must be left at home.

- There is no need to have \_\_\_\_\_, there is nowhere to spend it.
- Jewellery and other \_\_\_\_\_\_ should not be brought on camp.
- Chips, soft drink, chewing gum and lollies are not to be brought on camp.
- The only people who should be in a tent/room are those that \_\_\_\_\_\_ there.

#### Emergencies:

- In case of any \_\_\_\_\_ (fire, accident, boating accident, snake sighting)
- immediately contact nearest teacher or parent return to the centre if necessary.
- In case of \_\_\_\_\_\_ in the kitchen, main building or in a tent/room, inform the nearest adult and then move to the \_\_\_\_\_\_ \_ \_ \_ \_ \_ \_ by the shortest route

and in an \_\_\_\_\_ manner.

#### Hygiene:

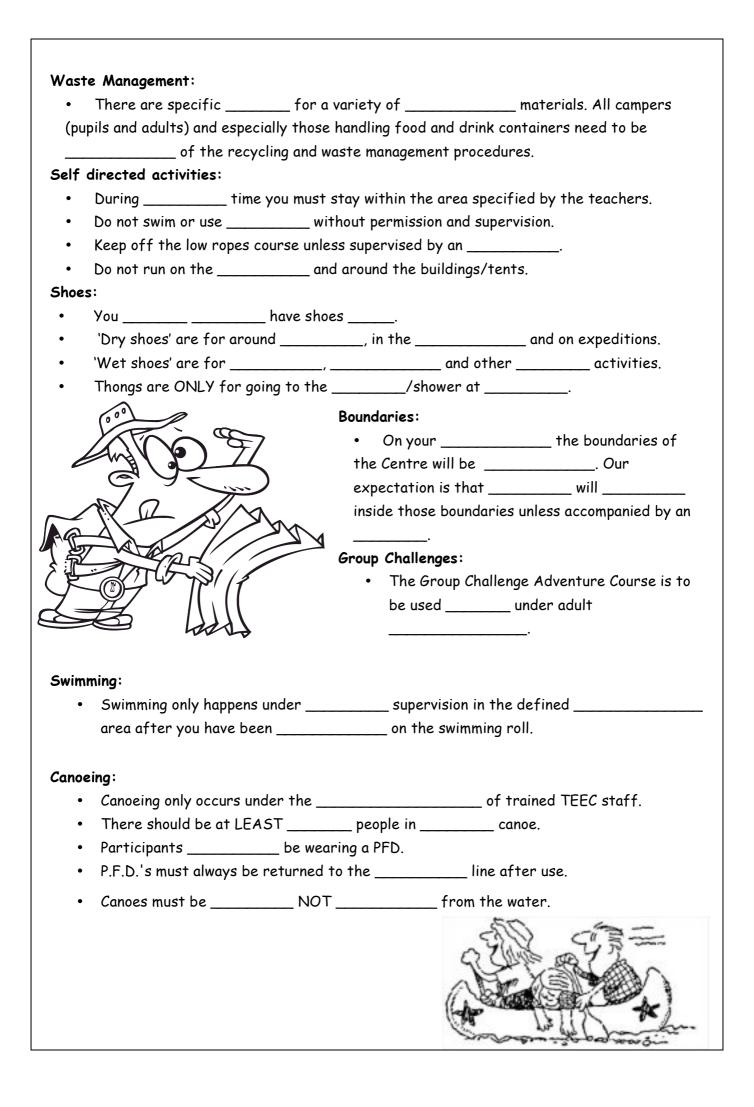
- Wash hands with soap \_\_\_\_\_ you eat or prepare food and after you go to the toilet.
- It is best to let cups and plates \_\_\_\_\_ dry.
- If you feel ill at any time, tell your teacher \_\_\_\_\_,

#### Cooking and kitchen: (Black Gully Campus only)

- When working in a cooking group, you complete only the tasks allocated to you eg. food preparation, cooking.
- Use \_\_\_\_\_ to handle pots.
- When using cutting \_\_\_\_\_\_, use a board and always cut \_\_\_\_\_ from your body.
- DO NOT waste water by allowing the \_\_\_\_\_ to \_\_\_\_ if you require water use a container to obtain the required amount.
- Adults only are to use the 'Zip Heater' in the kitchen.

#### Bush Camping:

- Cooking over an open fire is sometimes \_\_\_\_\_.
- Keep \_\_\_\_\_ back from the fire \_\_\_\_\_ it is your task to do the cooking.
- No running or playing near the \_\_\_\_\_\_.
- When working in a cooking group, you complete \_\_\_\_\_ the tasks allocated to you eg. collecting \_\_\_\_\_, fire lighting, food preparation, \_\_\_\_\_.
- Do \_\_\_\_\_ use the axe or light fires without permission.
- Use a pot hook or gloves to \_\_\_\_\_ camp-ovens, billies or pots.



### Tinaroo Environmental Education Centre

#### Student's Code of Responsible School Behaviour

#### AS A VISITOR TO THE TEEC YOU HAVE THE FOLLOWING RIGHTS:

- to have fun
- to feel safe
- to be respected
- to learn and be challenged
- to enjoy a safe, clean and friendly environment.

#### AS A VISITOR TO THE TEEC YOU HAVE THE FOLLOWING RESPONSIBILITIES:

- to show respect for other students, their ideas, opinions and their property
- to listen to and follow directions by teachers and other supervising adults
- to take responsibility for your actions
- to demonstrate self control when required
- to work equally hard for yourself and your group to ensure a happy and successful camp
- to encourage and support others
- to respect the decision of the majority of the group
- to cooperate with and show respect for, your teacher, accompanying adults, centre staff, and your fellow students
- to consider the safety of yourself and others
- to create situations that help make the camp a pleasant one.
- to show respect for the Centre's property
- to listen to and follow the rules and procedures of the Centre
- to show respect for the local environment
- to act responsibly about eating and caring for your health eg. sun protection, cleanliness, appropriate clothing and footwear.
- to be responsible you are representing your family and school.

SERIOUS BREACH OF THIS CODE OF CONDUCT WILL RESULT IN THE FOLLOWING PROCEDURE:

First offence: warning and time out (cooling off period).

Second offence: excluded from activity.

**Third offence**: after consultation with teacher, centre staff and school principal if in their opinion the child's behaviour is no longer acceptable, they will be sent home, i.e.: either returned to school or parents asked to collect their child.

\* Any additional expenses incurred will be the responsibility of the parents.

## What to Bring

Clothing (activities on camp require older type clothing)

- Shorts and shirt for each day of camp
- Tracksuit or long pants and jumper (extra in winter)
- Change of underwear and socks for each day
- Pair of pyjamas
- 2 pairs of shoes (one wet pair and one dry pair: wet shoes must be able to stay on your feet in mud and water. Thongs, crocs or gumboots are not suitable as wet shoes)
- Thongs or sandals (for showers and toilets only)
- Togs
- Raincoat
- Handkerchiefs
- Towel
- Plastic bag for dirty or wet clothes

## Additional Items

- Soap, toothbrush, toothpaste, comb or brush (in plastic bag)
- Insect repellent
- Sunscreen and a broad brim hat
- Water bottle (1 litre)
- Torch
- Small backpack (between two or three students)
- 3 Heavy Duty Garbage bags and a drawstring bag or pillowcase (if camping away from the Centre)
- Pegs

## Sleeping Gear

- 2 sheets and a blanket <u>OR</u> 1 sheet and a sleeping bag
- pillow

## Optional

- a camera
- a book

#### Both campuses will supply

- plates and eating utensils
- mattress

Remember to bring your <u>oldest clothes</u> and to have <u>everything marked with your</u> <u>name</u>.

NB - No radios, DVD players, ipods, mobile phones, pocket knives, aerosol cans, money, chips or sweets. Sleeveless shirts and caps are not appropriate for this environment